



YACU

Water in Quechua

🌿 Every treatment may be applied with oxygen.

🌿 In-room treatments have no additional cost.

🌿 Reservations, please dial "0"

All of our spa products are 100% natural, derived from local botanical extracts, thus providing a pleasing spiritual, sensual, and soothing experience.

Steam Shower

Step into a warm cloud of soothing steam before or after every treatment at no additional cost.

We recommend 15 min in the steam shower before your treatment to better prepare the body.

De - Stress

De-stress the body and restore physical, and emotional balance, through stimulating techniques designed to achieve maximum relaxation, including a cranial massage.

60 min. / 30 min.

Deep Tissue

Passive stretching and applied pressure, using fingers, hands and elbows, along energy lines of the body to achieve a general sense of wellbeing.

30 min. / 60 min.

Hot Stones

Hot river stones are bathed in natural oil, and placed along the chakras energy points of the body. Then, stones are incorporated in a rhythmic massage sequence. The acupressure accesses the body's subtle energy layers through the chakras, letting health and wellbeing flow. The word chakra from Sanskrit, translate to "wheels", refering to 7 spiritual energy centers, along the spinal cord.

75 min.

Reflexology

After a foot bath, with salts and aromatic herbs, the Reflexology Treatment is applied with Amazonic cream. Reflexology is based on the principle that stimulating specific areas of the feet can produce beneficial effects on related parts of the body. By applying pressure to these reflex points, you can increase blood circulation and promote special positive health benefits.

60 min.

Foot Therapy

This therapy starts with a foot soak using a combination of salts and aromatic herbs from the region. Then an exfoliation with cat's claws extract is applied, reducing inflammation and hydrating the skin, this is followed by a deep foot and calves massaged with eucalyptus aromatherapy. Cat's Claw (*Uncaria tomentosa*) is a local medicinal liana from the Amazon. Its properties include: blood cleanser, detoxifier, diuretic, anti-inflammatory, and analgesic.

30 min.

Natural Exfoliation

Increases blood circulation, eliminate impurities and remove from your body with inactive cells with a brown sugar exfoliate. The exfoliation is followed by a lymphatic drainage with orchid cream to invigorate the lymphatic system.

90 min.

Product: Orquid

Facial with Quinoa Real

Facial therapy inspire on the qualities of the quinoa, the milenian Andean grain. After a gentle milk-based cleansing, the skin is exfoliated, moisturized and invigorated with creams developed from quinoa extracts. After a relaxing massage, a nourishing cream is applied and the therapy is finished with a refreshing mask and cloud forest aromatherap. Sunscreen available.

60 min.

Treatment Nusta Bath

In room therapy that starts with a Deep Tissue massage with natural oils. Followed by a cranial massage, while the entire body is wrapped with a coca slimming mask cream and fresh coca leaves, to absorb the nutrients and increase blood circulation. To finish, select the essential oil of your preference to enjoy a candle light hot bath. It is recommended to drink two glasses of water after the treatment to increase the therapeutic benefits.

120 min.

Product: Coca

Head massage

This massage focuses on specific points of the head, neck and shoulders to enter a conscious state.

30 min.

Altitude Therapy

Despite your oxygen level. An oxygen therapy is recommended to help the body adjust to the altitude. First the oxygen level is measured and adjusted to your needs, followed by a lymphatic drainage to increase blood circulation and elimination of toxins. To finish with a cranial massage and a tea service.

60 min.